

HolisticCenter

Hauptstr. 13

CH 9030 Abtwil

Evaluation of **measurements with heart rate variability** (HRV – instrument: TimeWaver Cardio)

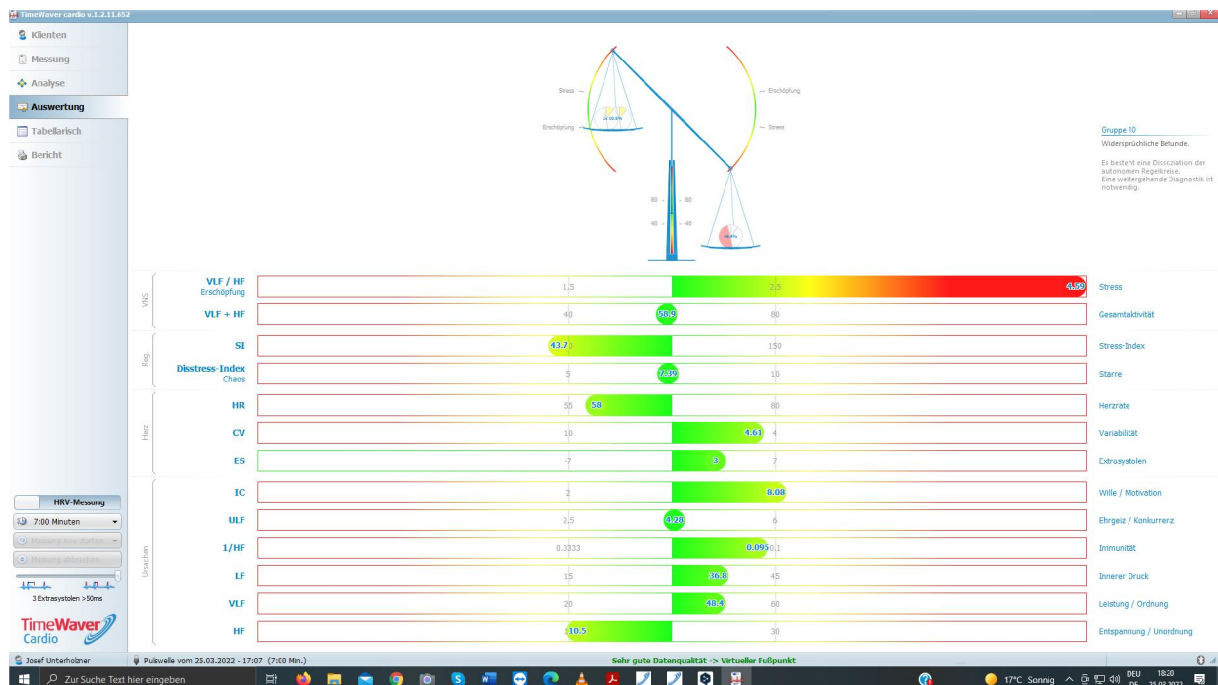
Subject: Effects of driving in a car with a high electro smog level

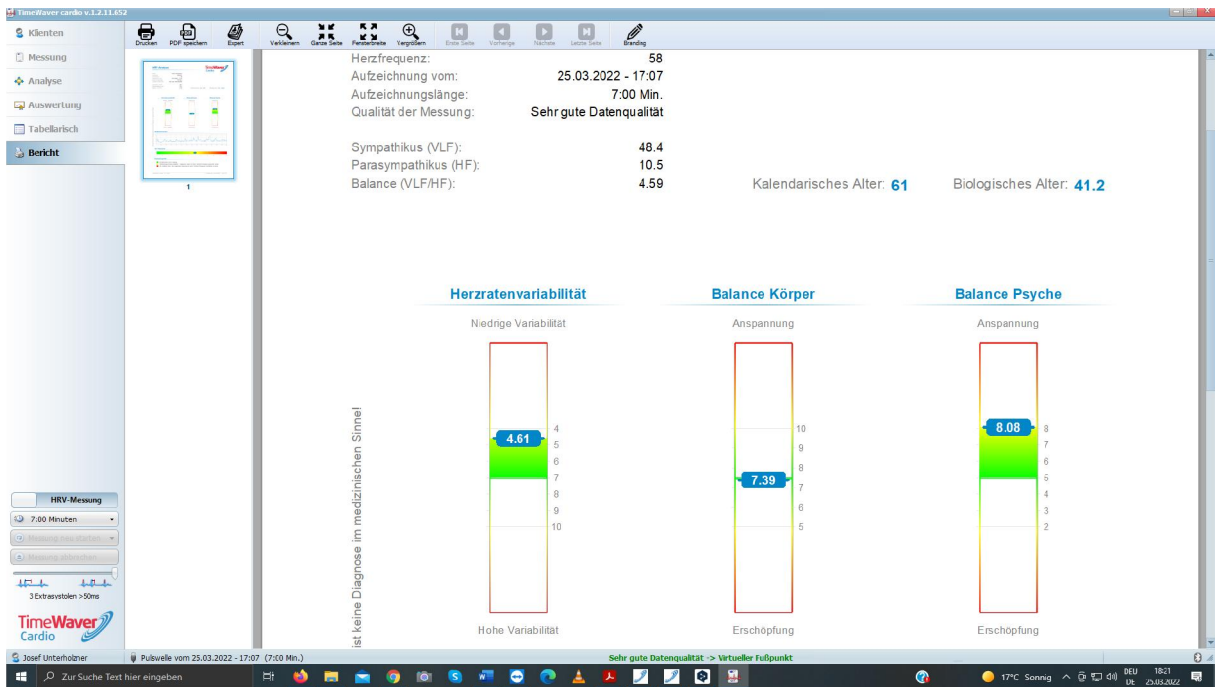
- a) without RayGuard device, b) with RayGuard Mobile 5G device on the body

Test subject: J.U., born in 1960, male

1. Baseline measurement
2. Measurement: after driving in the car
3. Measurement: after driving in the car

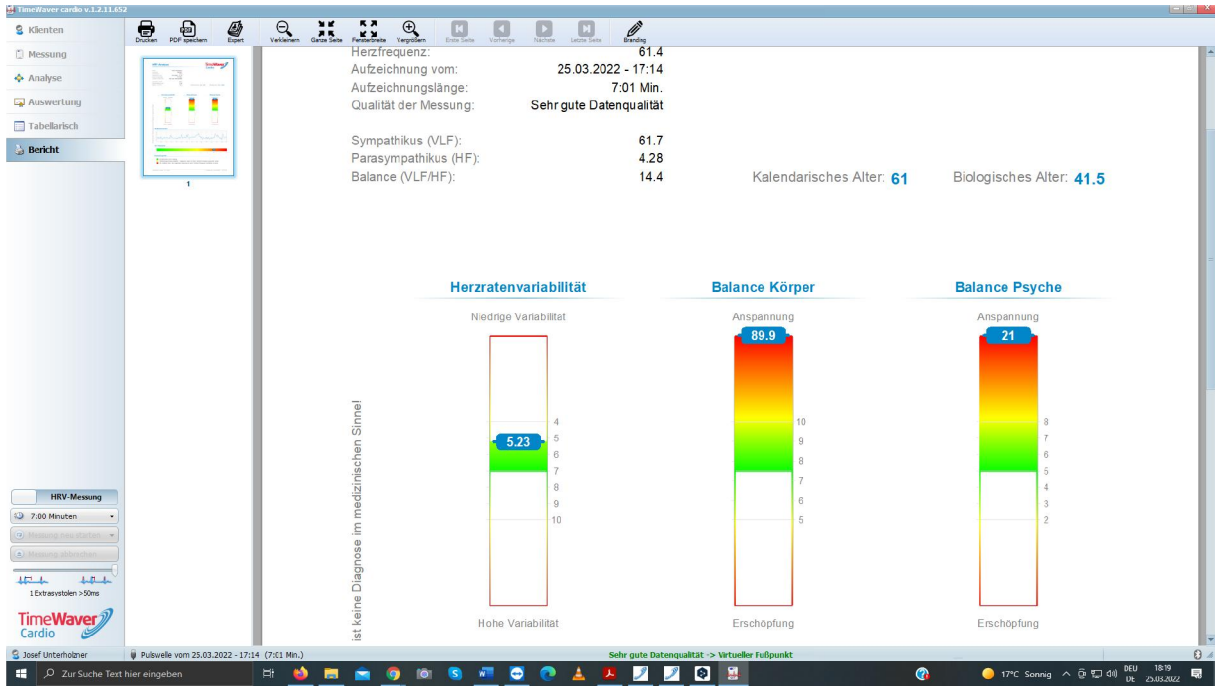
Baseline measurement:



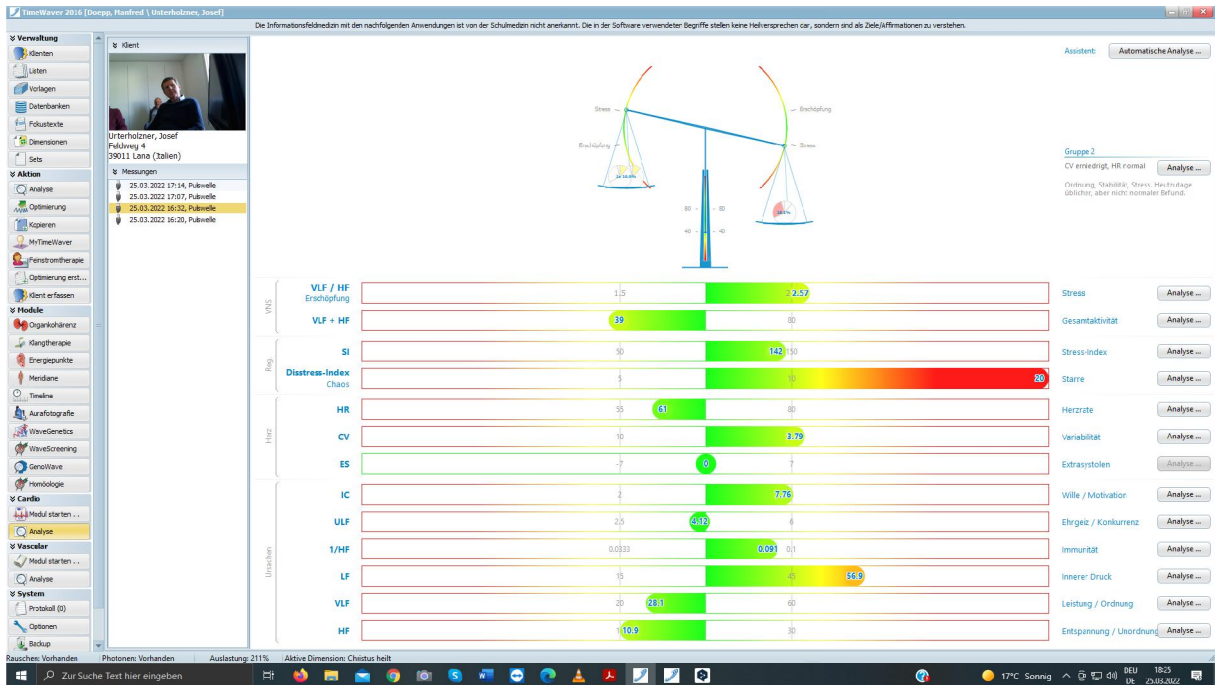


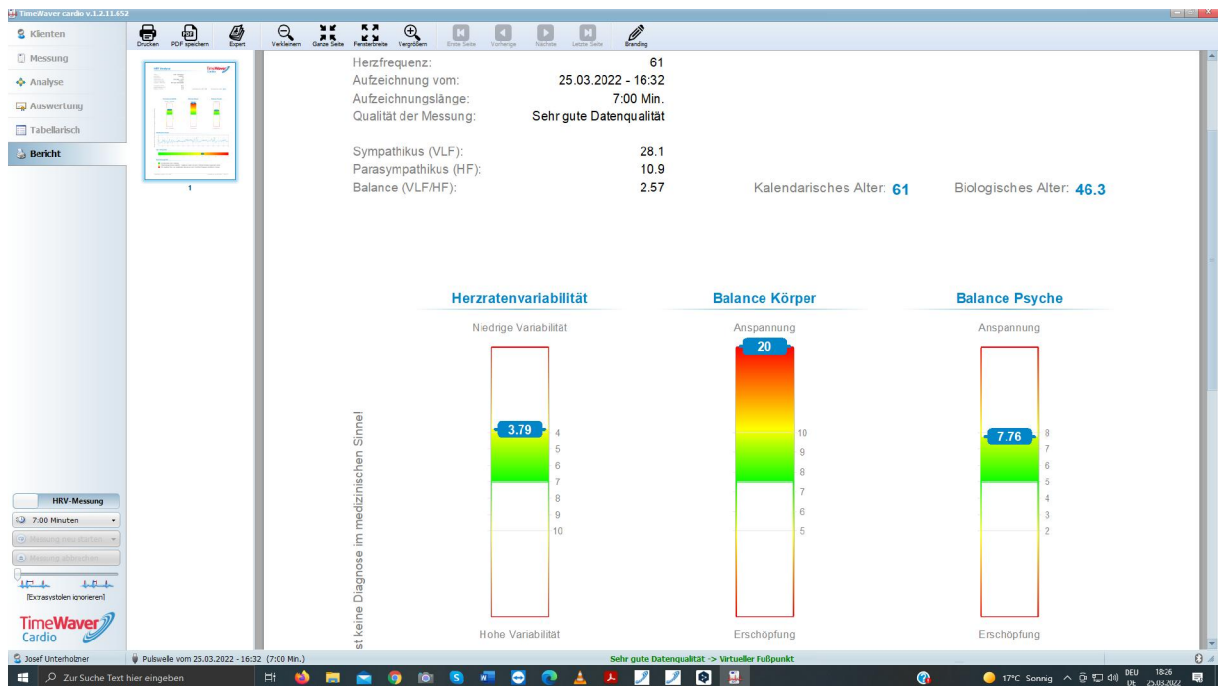
## 2. After driving in the car without RayGuard





### 3. After driving in the car with RayGuard





**Detailed assessment:**

Baseline measurement: normal to typical result, minimal stress

Driving without RayGuard: very high stress

Driving with RayGuard: low-level stress

**Overall assessment:**

If unprotected, driving in a car with a high electro smog level causes a high level of stress.

Driving in the same car with the RayGuard is only causes a low level of stress.

The RayGuard Mobile 5G device is thus able to largely eliminate the stress caused by electro smog in the car or the strain on the autonomic nervous system.

Signature